

Consent For Chemical Peel Treatments

____ Our chemical peels are topical exfoliants applied to the skin to soften the dead skin layer and exfoliate the skin. Stimulating cell turnover will help to restore the skin to a more youthful appearance. Many skin conditions can be improved when receiving a series of peels and especially when in combination with HydraFacial Treatments.

____ Chemical peels can soften fine lines and acne scarring. Dull skin can appear brighter and blotchy sun damaged skin may even out.

____ I have been given the PRE and POST treatment instructions sheet and will follow these instructions. I will inform the technician if I have not been able to follow these instructions.

____ With a chemical peel, I understand that it is common and expected that the skin will be red, possibly itchy and /or irritated. It is also possible that other adverse experiences may occur such as acne, rash, swelling and burning as well as burns scars and hyper or hypo pigmentation. While most adverse reactions are rare and most can be avoided by following the Pre and Post treatment instructions, there is a risk that some conditions could be permanent. I understand and accept that risk.

____ I understand that all skin reacts to treatments in some manner, and agree that I will notify the Manager as soon as possible if I experience a reaction that does not resolve within several hours or becomes progressively worse after leaving. I agree to follow all care instructions given by Setty Plastics and Aesthetics and understand that I will achieve optimal healing by following all home care instructions.

____ I understand that not all chemical peel formulas or skin types react to a chemical peel with visible peeling or flaking. I understand that visible peeling or flaking does not determine the efficacy of a chemical peel treatment and that formulas and their effects vary and reactions to the formulas vary from person to person.

____ Existing conditions, such as herpes, acne, eczema, folliculitis, hidradenitis, psoriasis and dermatitis may flare up after treatment, this may be minimized by beginning prophylactic treatment a few days before each appointment. I will advise the skin professional before treatment if I have any skin conditions. I will also notify the technician if I develop any of these conditions. I understand and accept that Setty Plastics and Aesthetics will not be responsible if I fail to give this important information.

____ I agree to use the Avene SOS kit of post-care products for those chemical peels that it is deemed necessary and recommended by my esthetician and I acknowledge that I have been informed of the possible negative reaction that may occur otherwise.

____ I understand that my skin will be more sensitive to the sun and should limit any exposure to the sun. I understand and accept the risk otherwise.

Setty Plastics and Aesthetics • McKinney: 6347 S. Custer Rd. •

• Dallas: 18170 Dallas Pkwy., Ste. 202 •

972.930.0333 • Info@SettyPlastics.com

_____ I consent to the use of photographs for recordkeeping purposes; these photographs may be taken before, during and after my treatments.

_____ I consent to the use of these photographs for providing information to other clients and to the public about my treatment. They may be shown during client consultations, as well as public promotional lectures and demonstrations, and may be reproduced in educational, instructional and promotional literature and on the Setty Plastics and Aesthetics website. My identity will not be compromised.

_____ I understand that a physician will be available for evaluation and follow up issues. Determination for an appointment with a physician will be made in consultation with management and myself.

_____ I confirm I am not currently pregnant or nursing and agree I will inform the technician if I do become pregnant, or am nursing in the future. I understand I cannot receive treatments while pregnant or breastfeeding unless approved in writing by my doctor. There are no known side effects, however, these treatments cannot be tested on pregnant or nursing women.

_____ I have read and understand all the information presented to me before signing this consent. I understand the risks of side effects, despite proper treatment, exist in **all** cases, but can be greatly reduced by following the pre and post treatment instructions given to me. I understand the purpose of the procedures. I further understand that treatment results **will** vary between individuals and treated areas. I understand that there are many variables that may affect my treatments and that I have been made no promises of any results.

Chemical Peel Pre and Post Treatment Instructions

What to Expect:

Patients may experience a stinging sensation as a chemical peel activates on the skin. Skin may take on a sunburned appearance after a chemical peel treatment. Not every peel will cause flaking, peeling, or redness. The degree of flaking and redness is dependent upon the acid strength, type, and the chemistry within your skin. Peeling and redness may last approximately three to five days.

Pre-Care Instructions:

- Avoid the following two weeks prior to a chemical peel treatment (only applies to the area being treated for the chemical peel): Electrolysis, waxing, depilatory creams, laser hair removal, sun exposure, medical cosmetic facial treatments, laser therapy, cosmetic fillers.
- Avoid any exfoliating products that may be drying or irritating for one week prior to your peel treatment.
- Discontinue use of products containing retinol, alpha-hydroxy acid (AHA) or beta-hydroxy (BHA), or benzoyl peroxide for three days before your treatment.

Post-Care Instructions:

- Avoid the following two weeks after a chemical peel treatment (only applies to the area being treated for the chemical peel): Electrolysis, waxing depilatory creams laser hair removal, sun exposure, medical cosmetic facial treatments, laser therapy, cosmetic fillers.

Setty Plastics and Aesthetics • McKinney: 6347 S. Custer Rd. •

• Dallas: 18170 Dallas Pkwy., Ste. 202 •

972.930.0333 • Info@SettyPlastics.com



SETTY PLASTICS
— & AESTHETICS

- Do not cleanse the skin for 24 hours post treatment (only water may be used), then proceed with application of products as recommended by the esthetician. These will vary depending on skin conditions, corrections being made, and the type of peel applied.
- Use **Avene SOS kit** daily which includes a sunscreen with both chemical and physical blockers. Avoid sun for a least one week.
- Do not pick or pull the skin, allow the skin to naturally shed. This process will become more manageable and comfortable with suitable products recommended by your esthetician.
- Avoid washcloths or any harsh products and exfoliants
- Follow a chemical peel treatment with a HydraFacial treatment if the peeling and dryness is uncomfortable – consult your esthetician on timing between the treatments.
- Notify Setty Plastics and Aesthetics immediately should you experience any issues that do not resolve immediately.